

Integrated Benefits

On-Demand Counseling

Support for Everyday Challenges

Compassionate counseling for individuals with personal, family, and work-related concerns, so they are supported when navigating life's challenges.



RECURO
HEALTH

✓ Unlimited Consultations

✓ Financial Planning Advice

✓ Legal Assistance

✓ Family Support Assistance

✓ Strict Confidentiality

Product Highlights



Flexible Support for Most Needs

Access to guidance and resource referrals, whether an individual is a new parent, a caregiver, selling their home or needs legal advice.



Mental Wellness Counseling

Providing confidential, professional counseling sessions for a wide variety of concerns.



Financial & Legal Guidance

Legal and financial experts are available, in addition to in-app calculators for budgeting, loans, mortgages, and more.





**Digital
Medical
Home**

NEXTGEN CARE

BENEFITS



Anxiety

Cognitive therapy, medication recommendations and more.



Depression

Psychotherapy and medication options are effective treatments.



Grief / Loss

Talk therapy and coping strategies promote healthy healing.



Marital Issues

Counseling for navigating difficult challenges for couples.



Stress & More

Managing stress through multiple avenues and supporting other mental-health challenges.

Product Details

Unlimited Consultations

Supporting individuals on topics such as caregiving, selling a home, legal advice and more.

Legal Assistance

Free over the phone or face-to-face legal consultations.

Strict Confidentiality

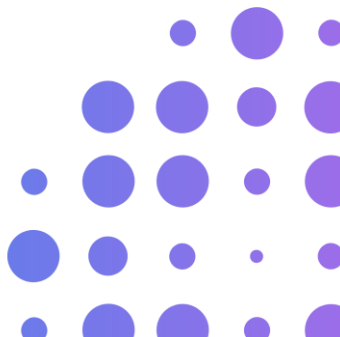
All sessions are 100% confidential.

Family Support Assistance

Consultations and referrals for everyday issues such as dependent care, auto repair, pet care, and more.

Financial Planning Advice

Expert financial planning and consultation services.



81%

Did you know?

EAP counseling has helped improve outcomes for 81% of users with depression.

